

Woody Aths - Cross Country

Week:	18
Date:	1/09/2023
Location:	Liverage Pink Run - Smythesdale Gardens

This weeks Woodyaths run was the Liversage **PINK RUN** Handicap run in the Smythesdale Gardens. All runners were encouraged to wear **PINK** during the run with 28 runners on the starting line. This race placed a focus on the participation of our junior and senior female runners, as well as all our mums! The **PINK** run is the second last cross country run before the seasons trophy and awards night next week.

Fastest times:

U6: Lachlan H; U8: Leroy B; U10: Huon A; U12: Sullivan M; U14 Ava A; Open: Brian M.

Junior Female Handicap winners:

1st Alyssa E; 2nd Nellie W; 3rd Grace M & Annabelle F

Senior Female Handicap winners:

1st Pippa W; 2nd Ruby A; 3rd Elizabeth W

All results are displayed on our website: <http://woodyathletics.org.au/results/>

Chocolates are donated by MARS Chocolate.

This weeks draw winner was the pinkest dressed families!

Week 18	Age	Dist	Time	HCP	Race time		2 RUN	Ross Creek	Champs
PINK Run						VARs	VARs	VARs	VARs
Alby M	u6	575m	3.12	6.27	9.39	0.334		0.362	0.567
Alyssa E	u6	575m	4.05	5.35	9.4	0.426	0.46	0.467	0.427
Brylee W	u6								
Grace M	u6	575m	4.05	6.04	10.09	0.426	0.41	0.447	0.48
Hamish B	u6	575m	3.19	6.27	9.46	0.346	0.37	0.404	
Josh Finlay	u6								
Lachlan H	u6	575m	3.05	6.58	10.02	0.32	0.34		0.34
Aurora L	u6	1150m	8.18	2.17	10.35	0.433	0.53		
Benji F	u8	1150m	7.14	2.42	9.56	0.377	0.416	0.408	0.44
Connor B	u8	1150m	9.42	2.03	11.45	0.506	0.524	0.438	
Leroy B	u8	1150m	6.1	4.08	10.18	0.322	0.312		0.289
Michael M	u6	1150m	6.32	3.46	10.18	0.341	0.452	0.376	0.385
Theo E	u8	1150m	6.33	3.09	9.42	0.342	0.37	0.367	0.329
Annabelle F	u10	1150m	9.04	1.05	10.09	0.473	0.539	0.456	0.496
Declan E	u10	1150m	5.39	4.07	9.46	0.295	0.288	0.311	0.281
Fletcher M	u10	1150m	0	4.15	12		0.279	0.304	0.278
Huon A	u10	1150m	4.48	4.49	9.37	0.25	0.251	0.269	0.245
Nellie W	u10	1150m	7.15	2.41	9.56	0.378	0.371	0.438	0.365
Winnie M	u10	1150m	7.59	2.54	10.53	0.416		0.378	0.363
Jed B	u12	1800m	8.44	19.34	28.17	0.291	0.297	0.319	0.304
Lucas E	u12	1800m	10.58	17.08	28.06	0.366	0.337	0.408	0.334
Pippa W	u12	1800m	10.59	15.38	26.37	0.366	0.414	0.463	0.404

Ruby A	u12	1800m	8.05	19.04	27.09	0.269	0.325		0.264
Sullivan M	u12	1800m	7.27	19.41	27.08	0.248	0.28	0.313	0.255
Ava A	u14	3000m	16.15	13.45	30	0.325	0.346		0.299
Kody E	u18								
Benita M	Open								
Brian M	Open	3600m	16.51	10.36	27.27	0.281	0.275	0.323	0.284
Cam M	Open	3600m	23.25	5.37	29.02	0.39			
Chris E	Open	3600m	20.57	7.25	27.22	0.333	0.321	0.404	0.364
Elizabeth W	Open	3600m	16.52	10.5	27.42	0.281	0.284	0.328	0.283
Lucy F	Open	3600m	28.02	1.47	29.49	0.47	0.444		0.481
Tina D	Open								